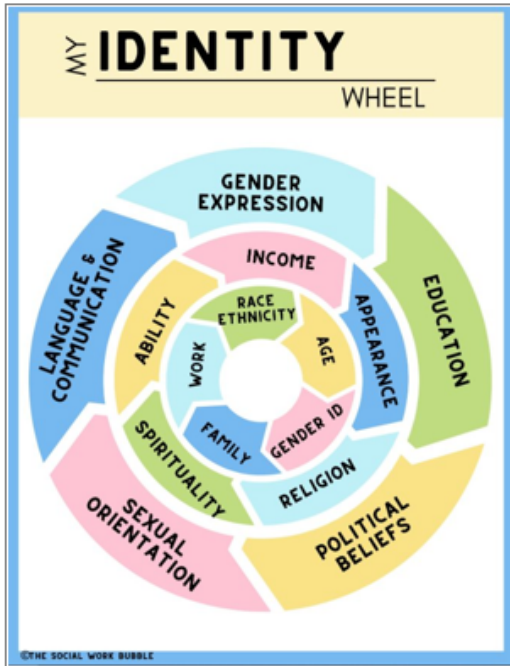


Who am I? Identity and the Language of Belonging (Worksheet Packet)



Identity Mapping: 30 SECONDS: List all the things that make up your identity (chosen or assigned)

Circle those that most people know about you, underline that few know about you, and star those that you feel are essential to the core of who you are.

Look at groupings... what did your list include? Check all that apply

- Professional/educational roles/credentials
- Political or religious affiliation
- Family or marital status (eg sister, son, spouse)
- Physical attributes (eg hair/eye color, body shape)
- Gender or sexual identity
- Language/Cultural/Ethnic heritage
- Personality traits (diligent, funny, curious, etc)
- Anything else?

Indicate which, for you, are assigned vs chosen. Put an A by assigned; C by chosen.

CHECK IN: HOW DO YOU FEEL?

Language Mapping: 30 SECONDS - list all the words you can think of that others use to describe aspects of your identity.

If you included words tied to your sexual or gender identity, underline them above. If not, list below words others use to describe aspects of your sexual and gender identity.

What words would you like used to reflect your gender and sexual identity?

What language fosters a sense of belonging for you?

Is it different than the language that you feel is commonly used?

What if you could **choose the vocabulary** for gender and sexual identity criteria that are used **in the church**?

You can make up your own words or list words that currently exist/are used. If you make up words, please include your definition of the word! For instance, do you like the term SSA? Do you like the phrase struggles with homosexual tendencies? Do you like the words in a monogamous same sex relationship? Etc... what would the vocab look like to you? **What is the language of belonging for you in a church-positive LGBTQ context?** List everything you can think of.

CHECK IN: HOW DO YOU FEEL?

What happened when you:

1. First, considered identity
2. Then language
3. Then language of belonging that is tied to an aspect of your identity?

How do you feel? (Mark on the feelings wheel how you feel right now.)



<https://feelingswheel.com/>